East Bay Middle Schools 2013 Cross Country Meet Schedule

09/10/1

<u>September</u>

Monday 23 rd	@ Golden Gate Fields - Albany	4:15pm
Thursday 26 th	@ Lake Temescal Park, Oakland (host - Piedmont Middle School	4:15pm
Monday 30 th	@ Moraga Country Club(host – Joaquin Moraga Middle School	4:15pm hool)

October

Thursday 3 rd	@ Prospect Sierra, El Cerrito	4:15pm
Monday 7 th	@ Orinda Intermediate School	4:15pm
Thursday 10 th	@ Martin Luther King, Berkeley	4:15pm
Monday 14 th	Columbus Day – No meet Scheduled	
Thursday 17 th	@ Prospect Sierra, El Cerrito	4:15pm
Monday 21 st	@ Benicia Community Park (host – Benicia Middle School)	4:15pm
Thursday 24 th	@ Martin Luther King, Berkeley	4:15pm

Race order for 'Regular Season' meets is -Monday is Boy/Girl - 6B, 6G, 7/8B, 7/8G Thursday is Girl/Boy - 6G, 6B, 7/8G, 7/8B

League Championship Meets

Monday October 28 th	6 th & 7/8 th 'JV' Finals @ MLK, Berkeley	4:00pm
Monday, November 4 th	6 th Finals @ Prospect Sierra	4:00pm
Thursday, November 7 th	7/8 th Finals @ Kennedy Grove Park	4:00pm